



September 28, 2022

Aloha Employees, Residents, Families and Friends:

On 09/23/2022, CMS released revised guidelines in response to the COVID-19 Public Health Emergency related to Long-term Care (LTC) Facility Testing Requirements and Nursing Home Visitation – COVID-19. In light of the revised guidelines and recommendations, Aloha Nursing Rehab Centre has imposed the following updates...

Visitors

- Visitors will be screened and observed for signs and symptoms of COVID-19 prior to visitation. If you are sick, have had close contact or have tested positive for COVID-19, refrain from in person visitation. COVID-19 positive visitors should self-isolate for 10 days based on CDC Criteria for Health Care Settings.
- Visitors will wear a facial covering/mask at all times during the visit (nose and mouth covered).
- Visitors will perform hand hygiene and adhere to social distancing (6-foot distance) when possible.
- See *Guidelines for Visitation, Effective September 28, 2022*, for additional guidelines.

Residents

- Residents are encouraged to wear a facial covering/mask (nose and mouth covered) when out of their room, perform hand hygiene and social distance when possible.
- Communal activities, dining and outings will be resumed.
- Newly admitted residents will wear a facial covering/mask (nose and mouth covered) when out of their room for the first 10 days following admission. COVID-19 testing for newly admitted residents will be performed on Days 1, 3 and 5.
- There will be no routine testing for COVID-19, but testing will be conducted upon symptom onset (Day1) or identification of positive COVID-19 high risk exposure (Day 0), on Days 1, 3 and 5.
- If COVID-19 positive, residents will be placed on isolation or transmission based precautions for 10 days. During an outbreak (facility acquired resident or staff positivity), COVID-19 testing will be performed using a contact tracing-based testing strategy for residents and staff with periodic testing until there have been 14 days with no newly identified positives.

Staff

- All staff will be screened and observed for signs and symptoms of COVID-19 prior to their shift. If you are sick, notify your supervisor prior to reporting to your shift.
- All staff will wear a facial covering/mask (nose and mouth covered) at all times while in the facility and in patient care areas.
- There will be no routine testing for COVID-19 but testing will be conducted upon symptom onset (Day1) or identification of positive COVID-19 high risk exposure (Day 0), on Days 1, 3 and 5.
- If COVID-19 positive, staff will self-isolate based on degree of signs, symptoms and staffing criteria as determined by the Infection Preventionist and/or Director of Nursing.
- All staff are required to wear a face shield while in a resident room during an aerosolized procedure.
- When caring for a COVID-19 positive resident an N95, face shield, gown and gloves are required.

We continue to follow CMS, CDC and Hawaii Department of Health guidelines and are taking all measures to prevent the spread of COVID-19. If you have questions or concerns, please call Veronica at (808) 247-2220 ext. 527.

Veronica Kemp
Infection Preventionist